



Hello Everyone

Overcoming Worry (3)

Worry can have such a strong hold over us, that it dominates and influences almost our entire thinking process. We easily lose perspective and things can seem really dark. As a result we often feel like we are on our own. Such isolation only increases our anxiety.

One clear and effective way of winning this battle, is to remember each day, the faithfulness of God. Then we will naturally hand over our fears and concerns to Him. And because worry is often connected to what might happen to us in the future, we can now rest in Him and wait on God for all of life's outcomes.

God is good. He is always faithful. His blessing is available to us each and every day. Rather than worry, why don't we seek Him out and trust Him with all tomorrows. He has already gone before us and prepared the way.

"But this I call to mind, and therefore I have hope: The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him." Lamentations 3:21-25

Letterbox Drop

Although some restrictions may be lifting, I think it will still be some time before we can get together as a church family. Some of the challenges of this time will possibly continue to roll out over some months yet. So there is still an opportunity to promote the blessing of enjoying God and trusting Him. I have attached a leaflet that you can print out at home to distribute in your surrounding streets. A couple of things to consider :

- A good colour brochure is best, but you can choose to print in black and white if that's the best outcome or that's all you have access to. If you don't have a printer or you feel that the quality is a little shabby, please contact us and we can print them out. We are even happy to drop them off, if you can't collect from the church.
- Also it would be good to liaise with others from VPBC if you live in the same street. A couple of copies isn't a problem I'm sure - but 3 or 4 handouts to the one house may be a little annoying.

Thank you for getting involved. We never know how God can use this contact in these difficult days. If one person starts a journey of faith it's worth it.

Interpreting Eye Witness Accounts in the Bible

On Sunday we look at the women who go to the tomb to anoint Jesus' body. There is at least two Mary's among them – possibly more. The gospel writers report this account in different ways. There is a website written by a police detective that I think you'll find very helpful. It gives us a good understanding of how information is processed to get an accurate record of what took place. Copy this link to your browser and have a read for yourself. The principles provided will assist in a general understanding of how events are recorded in the Bible. <https://coldcasechristianity.com/writings/howmany-women-visited-the-tomb-of-jesus/>

May – Mission Month

A couple of weeks ago I included an attachment with the missionaries we support. Why don't you take up the opportunity to pray for them or send them an email of encouragement. On Sunday, as part of our missionary focus, Ray Pearson will share about his experience with Kids Hope in our local primary school. Again this is another opportunity for you to consider once everything returns to normal.

Take care, stay safe and God bless

Paul