



## SUNDAY 11TH AUGUST 2024

**Sermon Title:** God Empowers Those Who Are Broken

**Bible Reading:** Psalm 51:1-10

**Preacher:** Ps Sam Toms

### Sermon Summary:

- **Coffee unground – ineffective**
- **God reveals and wants to confront our hard hearts**
- **Grinding of our hard hearts – revelation and repentance**
- **Definition of a Christian:** Someone who recognizes their brokenness and turns to Jesus for forgiveness.
- **The Aroma of Forgiveness and Restoration (Psalm 51:7-10)**
- **Time with God – draws out and empowers the believer**

## Life Group Study Guide: "God Empowers Those Who Are Broken"

### Icebreaker:

- Share a time when you experienced a moment of humility or brokenness. How did it impact your relationship with God?

### Discussion Questions:

#### 1. Read Psalm 51:1-3

- How does David describe the weight of his sin? How do you relate to his experience?
- What does it mean to be "poor in spirit" (Matthew 5:3), and how does this relate to biblical brokenness?

#### 2. Read 2 Samuel 12:1-7

- Why do you think David was so quick to condemn the rich man in Nathan's parable, yet blind to his own sin?
- How can we cultivate a more honest awareness of our own spiritual condition?

#### 3. Read Psalm 51:4-6

- What does repentance look like in your life? How does it involve a "grinding of the heart"?
- Why is it important to distinguish between being broken down (by sin) and being broken up (by God)?

#### **4. Read Psalm 51:7-10**

- How does David's plea for a pure heart and steadfast spirit resonate with you?
- What steps can you take this week to spend more time in God's presence, allowing Him to renew and empower you?

#### **5. Reflect on the Sermon Illustrations:**

- How do the illustrations of coffee beans and the aroma of coffee help you understand the process of spiritual brokenness and restoration?
- In what areas of your life might you be like "decaf coffee"—looking the part but lacking power? How can you address this?

#### **Application:**

- Identify an area in your life where you sense God calling you to deeper brokenness and repentance. Spend time this week in prayer, asking God to soften your heart and bring about true transformation.

#### **Prayer Focus:**

- Pray for a renewed awareness of sin and a deep desire for God's cleansing and restoration. Ask God to create in each group member a pure heart and a steadfast spirit.